

Peace (Inner & World)

Bible

Colossians 3:15	Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.
Isaiah 2:4	They shall beat their swords into plowshares, and their spears into pruning-hooks: nation shall not lift up sword against nation, neither shall they learn war any more.
Isaiah 26:3	You, Lord, give perfect peace to those who keep their purpose firm and put their trust in you.
Isaiah 32:17	The fruit of righteousness will be peace; the effect of righteousness will be quietness and confidence forever.
Isaiah 57:19	"Peace, peace, to those far and near," says the Lord. "And I will heal them."
James 3:17	But the wisdom that comes from heaven is first of all pure. It is also peace loving, gentle at all times, and willing to yield to others. It is full of mercy and good deeds. It shows no partiality and it is always sincere.
John 14:27	Peace I leave you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.
John 16:33	"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."
Luke 2:13-14	Suddenly many other angels came down from heaven and joined in praising God. They said: "Praise God in heaven! Peace on earth to everyone who pleases God."
Luke 7:50	"Your faith has saved you; go in peace."
Matthew 5:9	Blessed are the peacemakers, for they shall be called sons of God.
Matthew 11:28	"Come to me, all you who are weary and burdened, and I will give you rest."
Matthew 11:29	Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.
Philippians 4:7	And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
Proverbs 14:30	A heart at peace gives life to the body, but envy rots the bones.
Proverbs 16:7	When a person's ways please the Lord, he makes even his enemies to be at peace with them.
Proverbs 34:14	Seek peace, and pursue it.
Psalms 37:37	Consider the blameless, observe the upright; there is a future for the man of peace.
Psalms 85:8	I will listen to what God the Lord will say; he promises peace to his people, his saints.
Psalms 119:165	Those who love thy law have great peace, and nothing causes them to stumble.
2 Thessalonians 3:16	Now may the Lord of peace himself give you peace at all times and in every way.

Man

A Course In Miracles	Nothing real can be threatened. Nothing unreal exists. Herein lies the peace of God.
Ashvaghosha	When one is rising, standing, walking, doing something, stopping, one should constantly concentrate one's mind on the act and the doing of it, not one's relation to the act or its character or value... One should simply practice concentration of the mind on the act itself, understanding it to be an expedient means for attaining tranquility of mind, realization, insight, and wisdom.

St. Francis of Assisi	Lord, make me an instrument of thy peace. Where there is hatred, let me sow love.
Marcus Aurelius	Adapt yourself to the things among which your lot has been cast and love sincerely the fellow creatures with whom destiny has ordained that you shall live.
Alice A. Bailey	Right human relations is the only true peace.
Jean Bole	Help her find that peaceful teddy bear place inside each one of us – that warm and funny place that brings us to a knowing that everything will be all right, that tomorrow is another day, and that all the answers that we need are inside us.
Swami Brahmanada	In truth, to attain to interior peace, one must be willing to pass through the contrary to peace. Such is the teaching of the Sages.
Black Elk	The first peace, which is the most important, is that which comes from within the souls of men when they realize their relationship, their oneness, with the universe and all its powers, and when they realize that at the center of the universe dwells Wakan-Tanka, and that this center is really everywhere, it is within each of us. This is the real peace, and the others are but reflections of this. The second peace is that which is made between two individuals, and the third is that which is made between two nations. But above all you should understand that there can never be peace between nations until there is first known that true peace which is within the souls of men.
Vera Brittain	All that a pacifist can undertake -- but it is a very great deal -- is to refuse to kill, injure or otherwise cause suffering to another human creature, and untiringly to order his life by the rule of love though others may be captured by hate.
Buddha	He insulted me, he cheated me, he beat me, he robbed me' -- those who are free of resentful thoughts surely find peace.
Joseph Conrad	What all men are really after is some form, or perhaps only some formula, of peace.
Moshe Dayan	If you want to make peace, you don't talk to your friends. You talk to your enemies.
Wayne Dyer	A mind at peace, a mind centered and not focused on harming others, is stronger than any physical force in the universe.
Larry Eisenberg	For peace of mind, we need to resign as general manager of the universe.
Dwight D. Eisenhower	Though force can protect in emergency, only justice, fairness, consideration and cooperation can finally lead men to the dawn of eternal peace.
Ralph Waldo Emerson	Nothing can bring you peace but yourself; nothing, but the triumph of principles.
Benjamin Franklin	He that would live in peace and at ease must not speak all he knows or all he sees.
Bhagavad Gita	For those who wish to climb the mountain of spiritual awareness, the path is selfless work. For those who have attained the summit of union with the Lord, the path is stillness and peace.
William E. Gladstone	We look forward to the time when the Power of Love will replace the Love of Power. Then will our world know the blessings of Peace.
Dag Hammarskjold	Never for the sake of peace and quiet deny your convictions.
William Hazlitt	If mankind had wished for what is right, they might have had it long ago.
Ben Hecht	In moderating, not satisfying desires, lies peace.
Gerald G. Jampolsky	Inner peace can be reached only when we practice forgiveness. Forgiveness is letting go of the past, and is therefore the means for correcting our misperceptions.

Gerald G. Jampolsky	Peace of mind comes from not wanting to change others.
Lyndon B. Johnson	Peace is a journey of a thousand miles and it must be taken one step at a time.
Helen Keller	I do not want the peace which passeth understanding, I want the understanding which bringeth peace.
Thomas P Kempis	Do not let your peace depend on the hearts of men; whatever they say about you, good or bad, you are not because of it another man, for as you are, you are.
Thomas P Kempis	First keep peace with yourself, then you can also bring peace to others.
Martin Luther King Jr.	Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal.
J. Martin Kohe	Yes, we are all different. Different customs, different foods, different mannerisms, different languages, but not so different that we cannot get along with one another. If we will disagree without being disagreeable.
John Lennon	All we are saying is give peace a chance...
Sidney Madwed	Every goal, every action, every thought, every feeling one experiences, whether it be consciously or unconsciously known, is an attempt to increase one's level of peace of mind.
Abraham H. Maslow	A musician must make music, an artist must paint, a poet must write, if they are to be ultimately at peace with themselves.
Mother Teresa	Everybody today seems to be in such a terrible rush, anxious for greater developments and greater riches and so on, so that children have very little time for their parents. Parents have very little time for each other, and in the home begins the disruption of peace of the world.
A. J. Muste	There is no way to peace. Peace is the way.
Jawaharlal Nehru	The man who has gotten everything he wants is all in favor of peace and order.
Peace Pilgrim	One little person, giving all of her time to peace, makes news. Many people, giving some of their time, can make history.
Peace Pilgrim	No one can find inner peace except by working, not in a self-centered way, but for the whole human family.
Peace Pilgrim	This is the way of peace: Overcome evil with good, falsehood with truth, and hatred with love.
Peace Pilgrim	We can work on inner peace and world peace at the same time. On one hand, people have found inner peace by losing themselves in a cause larger than themselves, like the cause of world peace, because finding inner peace means coming from the self-centered life into the life centered in the good of the whole. On the other hand, one of the ways of working for world peace is to work for more inner peace, because world peace will never be stable until enough of us find inner peace to stabilize it.
Peace Pilgrim	When you find peace within yourself, you become the kind of person who can live at peace with others.
Norman Vincent Peale	Watch your manner of speech if you wish to develop a peaceful state of mind. Start each day by affirming peaceful, contented and happy attitudes and your days will tend to be pleasant and successful.
Francesco Petrarch	Five enemies of peace inhabit with us – avarice, ambition, envy, anger and pride; if these were to be banished, we should infallibly enjoy peace.
Francois De La Rochefoucauld	When a man finds no peace within himself, it is useless to seek it elsewhere.
Franklin D. Roosevelt	Peace, like charity, begins at home.
John Ruskin	You may either win your peace or buy it: win it, by resistance to evil; buy it, by compromise with evil.
William Shakespeare	A peace above all earthly dignities, a still and quiet conscience.

Source Unknown	Peace is the deliberate adjustment of my life to the will of God.
Source Unknown	If you listen intently, there is a fractional moment in which everything pauses, waiting. In that instant of stillness, the racing thoughts halt. The mind rests. (Listen Carefully)
Source Unknown	Two things rob people of their peace of mind : work unfinished and work not yet begun.
Baruch (Benedict de) Spinoza	Peace is not an absence of war, it is a virtue, a state of mind, a disposition for benevolence, confidence, justice.
Harry S. Truman	It is understanding that gives us an ability to have peace. When we understand the other fellow's viewpoint, and he understands ours, then we can sit down and work out our differences.
Yoga Vasishtha	There is nothing so lovely and enduring in the regions which surround us, above and below, as the lasting peace of a mind centered in God.
Elie Wiesel	Peace is not God's gift to his creatures. It is our gift to each other.
Lin Yn-tang	Peace of mind is that mental condition in which you have accepted the worst.