

Fear

Bible

Hebrews 13:6	So we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?"
Isaiah 12:2	I trust you to save me, Lord God, and I won't be afraid. My power and my strength come from you, and you have saved me.
Isaiah 41:13	For I am the Lord, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.
Isaiah 43:2	When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.
Isaiah 51:12	"I, even I, am he who comforts you. Who are you that you fear mortal men, the sons of men, who are but grass."
Isaiah 54:4	"Do not be afraid; you will not suffer shame. Do not fear disgrace; you will not be humiliated.
Isaiah 54:14	In righteousness you will be established; Tyranny will be far from you; you will have nothing to fear. Terror will be far removed; it will not come near you.
1 John 4:18	There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and he who fears is not perfected in love.
John 14:27	Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.
Joshua 1:9	Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go."
Luke 12:32	"Do not be afraid, little flock, for your father has been pleased to give you the kingdom."
Mark 4:40	He said to his disciples, "Why are you so afraid? Do you still have no faith?"
Matthew 10:28	Do not be afraid of those who kill the body but cannot kill the soul.
Matthew 14:27	Take courage! It is I. Don't be afraid.
1 Peter 3:12-14	"For the eyes of the Lord are on the righteous and his ears are attentive to their prayer, but the face of the Lord is against those who do evil." Who is going to harm you if you are eager to do good? But even if you should suffer
1 Peter 5:7	Cast all your anxiety on him because he cares for you.
1 Peter 4:13-14	Be glad for the chance to suffer as Christ suffered. It will prepare you for even greater happiness when he makes his glorious return. Count it a blessing when you suffer for being a Christian. This shows that God's
Proverbs 1:33	"But whoever listens to me will live in safety and be at ease, without fear of harm."
Proverbs 3:24	When you lie down, you will not be afraid; when you lie down, your sleep will be sweet.
Proverbs 3:25-26	Have no fear of sudden disaster or of the ruin that overtakes the wicked, for the Lord will be your confidence and will keep your foot from being snared.
Proverbs 29:25	Fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe.

Psalm 23:4-5	Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my
Psalm 27:1, 3	The Lord is my light and my salvation – whom shall I fear? The Lord is the stronghold of my life – of whom shall I be afraid? ... Though an army besiege me, my heart will not fear; though war break out against me, even
Psalm 34:4	I sought the Lord, and he answered me; he delivered me from all my fears.
Psalm 46:1-2	God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth should change, and though the mountains plunge into the heart of the sea.
Psalm 56:2-4	My slanderers pursue me all day long; many are attacking me in their pride. When I am afraid, I will trust in you. In God, whose word I praise, in God I trust; I will not be afraid. What can mortal men do to me.
Psalm 91:4-6	He will cover you with feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the
Romans 8:15	For you did not receive a spirit that makes you a slave again to fear, but you received the spirit of sonship. And by him we cry, "Abba, Father."
2 Timothy 1:6-8	Fear can paralyze us, but faith and trust in God can overcome fear.
2 Timothy 1:7	For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.
Man	
A Course In Miracles	Only your mind can produce fear.
George Matthew Adams	A cheerful frame of mind, reinforced by relaxation... is the medicine that puts all ghosts of fear on the run.
Marian Anderson	Fear is a disease that eats away at logic and makes man inhuman.
Guillaume Apollinaire	'Come to the edge,' He said. They said, "We are afraid." "Come to the edge," He said. They came. He pushed them... and they flew.
Aristotle	Wicked men obey for fear, but the good for love.
Arthur Ashe	Every time you win, it diminishes the fear a little bit. You never really cancel the fear of losing; you keep challenging it.
Marcus Aurelius	It is not death that a man should fear, but he should fear never beginning to live.
Francis Bacon	It is a miserable state of mind to have few things to desire and many things to fear.
Georges Bataille	At man's core there is a voice that wants him never to give in to fear. But if it is true that in general man cannot give in to fear, at the very least he postpones indefinitely the moment when he will have to confront himself with
Beecher	It is not work that kills men; it is worry. Work is healthy; you can hardly put more upon a man than he can bear. Worry is rust upon the blade. It is not the revolution that destroys the machinery, but the friction. Fear seizes
James F. Bell	Fear is met and destroyed with courage.
Betty Bender	Anything I've ever done that ultimately was worthwhile... initially scared me to death.
Arthur Christopher Benson	The worst sorrows in life are not in its losses and misfortune, but its fears.

Dorthy Bernard	Courage is fear that said it's prayers.
Napoleon Bonaparte	He who fears being conquered is sure of defeat.
Napoleon Bonaparte	Men are Moved by two levers only: fear and self interest.
Christian Nevell Bovee	Panic is a sudden desertion of us, and a going over to the enemy of our imagination.
Christian Nevell Bovee	There is great beauty in going through life without anxiety or fear. Half our fears are baseless, and the other half discreditable.
Francis H. Bradley	The man who has ceased to fear has ceased to care.
Jacob Bronowski	We are all afraid for our confidence, for the future, for the world. That is the nature of the human imagination. Yet every man, every civilization, has gone forward because of its engagement with what it has set itself to do.
Les Brown	Fear does not have any special power unless you empower it by submitting to it.
Les Brown	Too many of us are not living our dreams because we are living our fears.
Les Brown	When you face your fear, most of the time you will discover that it was not really such a big threat after all. We all need some form of deeply rooted, powerful motivation — it empowers us to overcome obstacles as we can live.
Jerome S. Bruner	In time, and as one comes to benefit from experience, one learns that things will turn out neither as well as one hoped nor as badly as one feared.
Buddha	The whole secret of existence is to have no fear. Never fear what will become of you, depend on no one. Only the moment you reject all help are you freed.
Edmund Burke	No passion so effectually robs the mind of all its powers of acting and reasoning as fear.
Dr. David M. Burns	Remember that fear always lurks behind perfectionism. Confronting your fears and allowing yourself the right to be human can, paradoxically, make you a far happier and more productive person.
Byron	The truly brave are soft of heart and eyes, and feel for what their duty bids them do.
. James B. Cabell	The optimist proclaims we live in the best of all possible worlds; and the pessimist fears this is true
Albert Camus	Nothing is more despicable than respect based on fear.
Jack Canfield	Most fears cannot withstand the test of careful scrutiny and analysis. When we expose our fears to the light of thoughtful examination they usually just evaporate.
Dale Carnegie	Do the thing you fear to do and keep on doing it... that is the quickest and surest way ever yet discovered to conquer fear.
Dale Carnegie	Inaction breeds doubt and fear. Action breeds confidence and courage. If you want to conquer fear, do not sit home and think about it. Go out and get busy.
Dale Carnegie	You can conquer almost any fear if you will only make up your mind to do so. For remember, fear doesn't exist anywhere except in the mind.
Ching Ning Chu	If you are not concerned about the outcome of a circumstance, you will experience no fear. Whatever the outcome will be, will be, whether you fear it or not.
Confucius	To know what is right and not to do it is the worst cowardice.

Frederick W. Cropp	There is much in the world to make us afraid. There is much more in our faith to make us unafraid.
Marie Curie	Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less.
Stan Dale	Comfort zones are plush lined coffins. When you stay in your plush lined coffins, you die.
Stan Dale	It all changed when I realized I'm not the only one on the planet who's scared. Everyone else is, too. I started asking people, "Are you scared, too?" "You bet your sweet life I am!" "Aha, so that's the way it is for you, too!" We
Cus D'Amato	A fighter has to know fear.
Cus D'Amato	The hero and the coward both feel the same thing, but the hero uses his fear, projects it onto his opponent, while the coward runs. It's the same thing, fear, but it's what you do with it that matters.
Leonardo Da Vinci	Just as courage imperils life; fear protects it.
Bill Dixon	Fear is the biggest motivator.
Bob Dole	It may take courage to do certain things, but then most things that are worth it usually do.
Fyodor Dostoyevski	Taking a new step, uttering a new word, is what people fear most.
Lloyd C. Douglas	If a man harbors any sort of fear, it percolates through all his thinking, damages his personality, makes him landlord to a ghost.
Donald Dowes	Fear can be headier than whiskey, once man has acquired a taste for it.
John Dryden	He has not learned the first lesson of life who does not every day surmount a fear.
E. E. Eddison	He without fear is king of the world.
Ralph Waldo Emerson	Do the thing we fear, and the death of fear is certain.
Ralph Waldo Emerson	Fear defeats more people than any other one thing in the world.
Epictetus	For it is not death or hardship that is a fearful thing, but the fear of death and hardship.
Marilyn Fergurson	Fear is a question: What are you afraid of, and why? Just as the seed of health is in illness, because illness contains information, your fears are a treasure house of self-knowledge if you explore them.
Ferdinand Foch	None but a coward dares to boast that he has never known fear.
Ed Foreman	Winners are those people who make a habit of doing the things losers are uncomfortable doing.
Brendan Francis	Many of our fears are tissue-paper-thin, and a single courageous step would carry us clear through them.
Maurice Freehill	Who is more foolish, the child afraid of the dark or the man afraid of the light?
Johann Wolfgang Von Goethe	It is the strange fate of man, that even in the greatest of evils the fear of the worst continues to haunt him.

A. Hamburg	He has the courage of his connections.
Grace Hansen	Don't be afraid your life will end; be afraid it will never begin.
Ernest Hemingway	Cowardice ... is almost always simply a lack of ability to suspend the functioning of the imagination.
Frank Herbert	I must not fear. Fear is the mind killer. Fear is the little death that brings total obliteration. I will face my fear. I will permit it to pass over me and through me. And when it has gone past I will turn the inner eye to see its path. Where
Hermann Hesse	You are only afraid if you are not in harmony with yourself. People are afraid because they have never owned up to themselves.
Napoleon Hill	Fears are nothing more than states of mind.
Eric Hoffer	Fear comes from uncertainty. When we are absolutely certain, whether of our worth or worthlessness, we are almost impervious to fear. Thus a feeling of utter unworthiness can be a source of courage.
Eric Hoffer	Fear of becoming a has been keeps some people from becoming anything.
Eric Hoffer	You can discover what your enemy fears most by observing the means he uses to frighten you.
Bob Hoffman	Fear of the pain blinds us to the goal of healing. Only by seeing our problems clearly and experiencing them can we do something about them.
Hume	A propensity to hope and joy is real riches; one to fear and sorrow real poverty.
Susan Jeffers	Feel the fear and do it anyway.
John Paul II	Have no fear of moving into the unknown. Simply step out fearlessly knowing that I am with you, therefore no harm can befall you; all is very, very well. Do this in complete faith and confidence.
Lady Bird Johnson	Become so wrapped up in something that you forget to be afraid.
Samuel Johnson	Fear is implanted in us as a preservative from evil; but its duty, like that of other passions, is not to overbear reason, but to assist it. It should not be offered to tyrannize
Franklin P. Jones	Bravery is being the only one who knows you're afraid.
Erica Jong	I have not ceased being fearful, but I have ceased to let fear control me. I have accepted fear as part of life specifically fear of change and fear of the unknown; and I have gone ahead despite the pounding in the heart that
Billie Jean King	A champion is afraid of losing. Everyone else is afraid of winning.
Martin Luther King Jr.	One of the worst of all tragedies, is not to die young, but to live until I am 75 and yet not ever truly to have lived.
Jiddu Krishnamurti	What is needed, rather than running away or controlling or suppressing or any other resistance, is understanding fear; that means, watch it, learn about it, come directly into contact with it. We are to learn about fear, not how to
Alexander Maclaren	Only he who can say, "The Lord is my strength," can say, "Of whom shall I be afraid?"
Maxwell Maltz	It is an old psychological axiom that constant exposure to the object of fear immunizes against the fear.
F. B. Meyer	God incarnate is the end of fear; and the heart that realizes that He is in the midst... will be quiet in the middle of alarm.

Milton	He who reigns within himself, and rules passions, desires and fears, is more than a king.
Mary Manin Morrissey	You block your dream when you allow your fear to grow bigger than your faith.
Harry A. Overstreet	To hate and to fear is the be psychologically ill... it is, in fact, the consuming illness of our time.
Katherine Paterson	To fear is one thing. To let fear grab you by the tail and swing you around is another.
George S. Patton	There is a time to take counsel of your fears, and there is a time to never listen to your fear.
Robert Pecsí	Better to be a has been than a never was.
Robert P. Pirsig	"Anxiety is sort of the opposite of ego. You're so sure you'll do everything wrong you're afraid to do anything at all. It results from over motivation – leading to errors that lead to an underestimation of one's self. Work out your
Alexander Pope	Fools rush in where angels fear to tread.
Michael Pritchard	Fear is that little darkroom where negatives are developed.
Proverb	He who fears to suffer, suffers from fear.
Hasidic Proverb	Fear only two: God, and the man who has no fear of God.
Moorish Proverb	He who is afraid of a thing gives it power over him.
Swedish Proverb	Fear less, hope more; eat less, chew more; whine less breathe more; talk less, say more; hate less, love more; and all good things are yours.
Ambrose Redmoon	"Courage is not the absence of fear, but rather the judgment that something else is more important than fear."
Jean Paul Richter	The timid are afraid before the danger, the cowardly while in danger, and the courageous after danger.
Eleanor Roosevelt	I believe that anyone can conquer fear by doing the things he fears to do, provided he keeps doing them until he gets a record of successful experiences behind him
Eleanor Roosevelt	You gain strength, courage, and confidence by each experience in which you really stop to look fear in the face. You are able to say to yourself, "I have lived through this horror. I can take the next thing that comes along." You
Franklin D. Roosevelt	The only thing we have to fear is fear itself.
Quintus Curtius Rufus	Fear makes men believe the worst.
Bertrand Russell	To fear love is to fear life, and those who fear life are already three parts dead.
Paul R. Scheele	Humans, with the capacities of higher-order thinking, can overcome limiting behaviors and fears.
Robert H. Schuller	If you listen to your fears, you will die never knowing what a great person you might have been.
Charles Monroe Schulz	I've developed a new philosophy... I only dread one day at a time."

David J. Schwartz	Do what you fear and fear disappears.
Seneca	We are more often frightened than hurt; and we suffer more from imagination than from reality.
William Shakespeare	Cowards die many times before their deaths; The valient never taste of death but once.
Frederick Smith	Fear of failure must never be a reason not to try something.
Julia Sorel	If you're never scared or embarrassed or hurt, it means you never take any chances.
Source Unknown	Fear: False Evidence Appearing Real.
Source Unknown	Feed your faith and your fears will starve to death.
Source Unknown	All men have fears, but the Brave put down their fears and go forward. Sometimes to Death, but always to Victory.
Source Unknown	Each time we face our fear, we gain strength, courage, and confidence in the doing.
Source Unknown	Fear is a habit; so is self-pity, defeat, anxiety, despair, hopelessness and resignation. You can eliminate all of these negative habits with two simple resolves: I can!! and I will!!
Source Unknown.	Fear and faith have a lot in common – both believe that what you can't see will happen to you.
Source Unknown	Fear is the devil's faith.
Source Unknown	Courage is not the absence of fear. It's doing what it takes despite one's fears.
Source Unknown	Remember the story of the two seeds; "Those of us who refuse to take risks and grow, get swallowed up by life.
Source Unknown	Don't worry about failure. Worry about the chances you miss when you don't even try.
Source Unknown	When doubts and fears are growing, It's hard to keep on going. From day to day not knowing. Just what the end will be. Take each day as you find it, if things go wrong, don't mind it. For each day leaves behind it. A chance to
Source Unknown	If we trust in God, we will be free to respond boldly to the events around us.
Source Unknown	Don't be afraid to be afraid. Fear is never a reason for quitting, it's only an excuse. When a brave man encounters fear, he admits it, and goes on despite it.
Star Wars 4	Fear leads to anger, anger to hatred, hatred to destruction.
Publilius Syrus	Valor grows by daring, fear by holding back.
Publius Cornelius Tacitus	Even the bravest men are frightened by sudden terrors.
Dorothy Thompson	Only when we are no longer afraid do we begin to live...
Virgil Thomson	Try a thing you haven't done three times. Once, to get over the fear of doing it. Twice, to learn how to do it. And a third time to figure out whether you like it or not.

John Ronald Reuel Tolkien	"A man who flies from his fear may find he has only taken a shortcut to meet it."
Sister Mary Tricky	Fear is faith that it won't work out.
Mark Twain	Courage is resistance to fear, mastery of fear not absence of fear.
Watson	Hope is like the cork to the net, which keeps the soul from sinking in despair; and fear is like the lead to the net, which keeps it from floating in presumption
Edward Weeks	To live with fear and not be afraid is the final test of maturity.
Marianne Williamson	Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented,
Woodrow T. Wilson	Fear God and you need not fear anyone else.
William Wrigley Jr.	A man's doubts and fears are his worst enemies.
Peter Nivio Zarlenga	Action conquers fear.