

# Courage

## Bible

Acts 4:13	The members of the council were amazed when they saw the boldness of Peter and John, for they could see that they were ordinary men who had no special training. They also recognized them as men who had been with Jesus.
Daniel 3:17-18	"If we are thrown in to the blazing furnace, the God we serve is able to save us from it, and he will rescue us from your hand, O king. But even if he does not. We want you to know, O king, that we will not serve your gods or worship the image of gold you have set up."
Deuteronomy 31:6	"Be strong and of good courage, do not fear or be in dread of them: for it is the Lord your God who goes with you; he will not fail you or forsake you."
Ephesians 6:10	Finally, be strong in the Lord, and in the strength of His might.
Hebrews 13:6	We say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?"
Isaiah 40:29	He gives strength to the weary and increases the power of the weak.
Isaiah 43:1	But now, this is what the Lord says – he who created you, O Jacob, he who formed you, O Israel: "Fear not, for I have redeemed you; I have summoned you by name; you are mine."
Joshua 1:9	Have I not commanded you? Be strong and courageous. Do not tremble or be dismayed, for the Lord your God is with you wherever you go.
2 Kings 6:16	"Don't be afraid." The prophet answered. "Those who are with us are more than those who are with them."
Philippians 4:12-13	I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.
Proverbs 29:25	Fear of man will prove to be a snare, but whoever trusts in the Lord is kept safe.
Psalms 27:14	Wait for the Lord; be strong and take heart and wait for the Lord.
Psalms 31:24	Be strong and take heart, all you who hope in the Lord.
Psalms 37:28	For the Lord loves the just and will not forsake his faithful ones. They will be protected forever, but the offspring of the wicked will be cut off.
Psalms 37:3	Trust in the Lord and do good; dwell in the land and enjoy safe pasture.
Psalms 37:28	For the Lord loves the just and will not forsake his faithful ones. They will be protected forever, but the offspring of the wicked will be cut off.

## Man

John Quincy Adams	Courage and perseverance have a magical talisman, before which difficulties disappear and obstacles vanish into air.
Vittorio Alfieri	Often the test of courage is not to die but to live.
Barbara De Angelis	We need to find the courage to say NO to the things and people that are not serving us if we want to rediscover ourselves and live our lives with authenticity.
Aristotle	The beauty of the soul shines out when a man bears with composure one heavy mischance after another, not because he does not feel them, but because he is a man of high and heroic temper.

Aristotle	The ideal man bears the accidents of life with dignity and grace, making the best of circumstances.
Bruce Barton	Nothing splendid has ever been achieved except by those who dared believe that something inside them was superior to circumstance.
Sir Cecil Beaton	Be daring, be different, be impractical, be anything that will assert integrity of purpose and imaginative vision against the play-it-safers, the creatures of the commonplace, the slaves of the ordinary.
David Ben-Gurion	Courage is a special kind of knowledge: the knowledge of how to fear what ought to be feared and how not to fear what ought no to be feared.
Dorothy Bernard	Courage is fear that has said its prayers.
Helena Petrova Blavatsky	The more thou dost advance, the more thy feet pitfalls will meet. The Path that leadeth on is lighted by one fire -- the light of daring burning in the heart. The more one dares, the more he shall obtain. The more he fears, the more that light shall pale.
Erma Bombeck	It takes a lot of courage to show your dreams to someone else.
Napoleon Bonaparte	Courage is like love; it must have hope to nourish it.
Ray Bradbury	You've got to jump off cliffs and build your wings on the way down.
Omar Bradley	Bravery is the capacity to perform properly even when scared half to death.
Dorothea Brande	Act boldly and unseen forces will come to your aid.
Les Brown	I advise you to say your dream is possible and then overcome all inconveniences, ignore all the hassles and take a running leap through the hoop, even if it is in flames.
Mary Byrant	Courage is the power to let go of the familiar.
Eileen Caddy	Stride forward with a firm, steady step knowing with a deep, certain inner knowing that you will reach every goal you set yourselves, that you will achieve every aim.
Gilbert K. Chesterton	Courage is almost a contradiction in terms. It means a strong desire to live taking the form of a readiness to die.
Winston Churchill	Courage is going from failure to failure without losing enthusiasm.
James Freeman Clarke	Conscience is the root of all true courage; if a man would be brave let him obey his conscience.
Baron Pierre De Coubertin	The most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well.
E.E. (Edward. E.) Cummings	It takes courage to grow up and turn out to be who you really are.
Richard M. DeVos	It is impossible to win the race unless you venture to run, impossible to win the victory unless you dare to battle.
Walt Disney	All our dreams can come true, if we have the courage to pursue them.
Amelia Earhart	Courage is the price that life exacts for granting peace.
Ralph Waldo Emerson	What a new face courage puts on everything!
Richard L. Evans	Keep courage. Whatever you do, do not feel sorry for yourself. You will win in a great age of opportunity.
Jose Ferrer	I am more important than my problems.
Gustave Flaubert	The most glorious moments in your life are not the so-called days of success, but rather those days when out of dejection and despair you feel rise in you a challenge to life, and the promise of future accomplishments.
James A. La Fond-Lewis	The fearless are merely fearless. People who act in spite of their fear are truly brave.

James V. Forrestal	Courage is the capacity to conduct oneself with restraint in times of prosperity and with courage and tenacity when things do not go well.
Andre Gide	Man cannot discover new oceans unless he has the courage to lose sight of the shore.
Johann Wolfgang Von Goethe	Rest not. Life is sweeping by; go and dare before you die. Something mighty and sublime, leave behind to conquer time.
Vincent Van Gogh	What would life be if we had no courage to attempt anything?
James Graham	He either fears his fate too much, Or his deserts are small, That dares not put it to the touch, To gain or lose it all.
Dag Hammarskjold	Life only demands from you the strength that you possess. Only one feat is possible; not to run away.
Corra May Harris	The bravest thing you can do when you are not brave is to profess courage and act accordingly.
Oliver J. Hart	Give us the fortitude to endure the things which cannot be changed, and the courage to change the things which should be changed, ;and the wisdom to know one from the other.
Nathaniel Hawthorne	All brave men love; for he only is brave who has affections to fight for, whether in the daily battle of life, or in physical contests.
Ernest Hemingway	Courage is grace under pressure.
Vernon Howard	Quit thinking that you must halt before the barrier of inner negativity. You need not. You can crash through whatever we see a negative state, that is where we can destroy it.
Victor Hugo	Have courage for the great sorrows of life, and patience for the small ones. When you have laboriously accomplished your daily tasks, go to sleep in peace. God is awake.
Howard W. Hunter	Courage is acting in spite of fear.
Robert Green Ingersoll	Courage without conscience is a wild beast.
Robert Green Ingersoll	The greatest test of courage on earth is to bear defeat without losing heart.
Andrew Jensen	The real acid test of courage is to be just your honest self when everybody is trying to be like somebody else.
Samuel Johnson	He that would be superior to external influences must first become superior to his own passions.
Robert F. Kennedy	Moral courage is a more rare commodity than bravery in battle or great intelligence.
Sister Elizabeth Kenny	It's better to be a lion for a day, than a sheep all your life.
Basil King	Be bold-and mighty forces will come to your aid.
Sheldon Kopp	All of the significant battles are waged within the self.
Ann Landers	If I were asked to give what I consider the single most useful bit of advice for all humanity it would be this: Expect trouble as an inevitable part of life and when it comes, hold you head high, look it squarely in the eye and say, "I will be bigger than you. You cannot defeat me.
Lao-Tzu	To love someone deeply gives you strength. Being loved by someone deeply gives you courage.
Harper Lee	Real courage is when you know you're licked before you begin, but you begin anyway and see it through no matter what.
C. S. Lewis	Courage is not simply one of the virtues but the form of every virtue at the testing point, which means at the point of highest reality.
Anne Morrow Lindbergh	It takes as much courage to have tried and failed as it does to have tried and succeeded.
James Russel Lowell	Fate loves the fearless.
Clare Boothe Luce	Courage is the ladder on which all the other virtues mount.

Douglas MacArthur	Last, but by no means least, courage-moral courage, the courage of one's convictions, the courage to see things through. The world is in a constant conspiracy against the brave. It's the age-old struggle-the roar of the crowd on one side and the voice of your conscience on the other.
Norman Macleod	Courage brother, do not stumble, though thy path be dark as night: There is a star to guide the humble, Trust in God, and do the right. Let the road be dark and dreary and its end far out of sight. Face it bravely, strong or weary. Trust in God, and do the right.
Maxwell Maltz	Stand up to crises. Don't let them throw you! Fight to stay calm... even surmount the crisis completely and turn it into an opportunity. Refuse to renounce your self-image. No matter what happens, you must keep your good opinion of yourself. No matter what happens, you must hold your past successes in your imagination, ready for showing in the motion picture screen of your mind. No matter what happens, no matter what you lose, no matter what failures you must endure, you must keep faith in yourself. Then you can stand up to crises, with calm and courage, refusing to buckle; then you will not fall through the floor. You will be able to support yourself.
Og Mandino	To do anything truly worth doing, I must not stand back shivering and thinking of the cold and danger, but jump in with gusto and scramble through as well as I can.
Orison Swett Marden	This is the test of your manhood: How much is there left in you after you have lost everything outside of yourself?
Rollo May	The acorn becomes an oak by means of automatic growth; no commitment is necessary. The kitten similarly becomes a cat on the basis of instinct. Nature and being are identical in creatures like them. But a man or woman becomes fully human only by his or her choices and his or her commitment to them. People attain worth and dignity by the multitude of decisions they make from day by day. These decisions require courage.
Thomas S. Monson	Courage, not compromise, brings the smile of God's approval.
Star Trek Movie	To boldly go where no one has gone before.
Miyamoto Musashi	In fighting and in everyday life you should be determined though calm. Meet the situation without tenseness yet not recklessly, your spirit settled yet unbiased. An elevated spirit is weak and a low spirit is weak. Do not let the enemy see your spirit.
Keshavan Nair	With courage you will dare to take risks, have the strength to be compassionate and the wisdom to be humble. Courage is the foundation of integrity.
. Anais Nin	It takes courage to push yourself to places that you have never been before... to test your limits... to break through barriers. And the day came when the risk it took to remain tight inside the bud was more painful than the risk it took to blossom
Anais Nin	Life shrinks or expands in proportion to one's courage.
Andre Norton	As for courage and will -- we cannot measure how much of each lies within us, we can only trust there will be sufficient to carry through trials which may lie ahead.
Ovid	Courage conquers all things: it even gives strength to the body.
Ovid	Fortune and love favor the brave.
Ovid	The burden which is well borne becomes light.
Channing Pollock	No man in the world has more courage than the man who can stop after eating one peanut.
Ambrose Redmoon	Courage is not the absence of fear, but rather the judgment that something else is more important than fear.

Jean Paul Richter	A timid person is frightened before a danger, a coward during the time, and a courageous person afterwards.
Edward Vernon Rickenbacker	Courage is doing what you're afraid to do. There can be no courage unless you're scared.
Francois De La Rochefoucauld	We can never be certain of our courage until we have faced danger.
Rodan of Alexandria	Only a brave person is willing to honestly admit, and fearlessly to face, what a sincere and logical mind discovers.
Ralph W. Sackman	The test of courage comes when we are the minority.
Arthur Schopenhauer	Nothing in life gives a man so much courage as the attainment or renewal of the conviction that other people regard him with favor; because it means that everyone joins to give him help and protection, which is an infinitely stronger bulwark against the ills of life than anything he can do himself.
Robert H. Schuller	It takes guts to get out of the ruts.
Seneca	Courage leads to heaven; fear leads to death.
Seneca	There is nothing in the world so much admired as a man who knows how to bear unhappiness with courage.
Lord Shaftesbury	True courage is cool and calm. The bravest of men have the least of a brutal, bullying insolence, and in the very time of danger are found the most serene and free.
William Shakespeare	Cowards die many times before their deaths; The valiant never taste of death but once.
William T. Sherman	Courage -- a perfect sensibility of the measure of danger, and a mental willingness to endure it.
Willie Shoemaker	Anybody with a little guts and the desire to apply himself can make it, he can make anything he wants to make of himself.
Sir Philip Sidney	A true knight is fuller of bravery in the midst, than in the beginning of danger.
Sydney Smith	A great deal of talent is lost in the world for want of courage.
Source Unknown	Courage is the price that life exacts for granting peace.
Source Unknown	Father, may these people have the vision to see, the faith to accept the truth, the courage to stand by that which they know is right.
Source Unknown	Life becomes real only when we begin to face and solve our own problems. Until then we only swim in circles in a large fantasy world which tends to make us very tired of living. Don't waste energy! Face life now!
Source Unknown	We are made strong by the difficulties we face not by those we evade.
Source Unknown	What you RESIST, PERSISTS. If you take ownership and deal with things that are bothering you, then, in the very process of dealing with them they very often will go away.
W. Clement Stone	Have the courage to say no. Have the courage to face the truth. Do the right thing because it is right. These are the magic keys to living your life with integrity.
W. Clement Stone	No matter how carefully you plan your goals they will never be more than pipe dreams unless you pursue them with gusto.
Publius Cornelius Tacitus	The brave and bold persist even against fortune; the timid and cowardly rush to despair though fear alone.
Bayard Taylor	The bravest are the most tender; the loving are the daring.
St. Teresa of Avila	To have courage for whatever comes in life -- everything lies in that.
	There are times to cultivate and create, when you nurture your world and give birth to new ideas and ventures. There are times of flourishing and abundance, when life feels in full bloom, energized and expanding. And there are times

Chogyam Trungpa	of fruition, when things come to an end. They have reached their climax and must be harvested before they begin to fade. And finally of course, there are times that are cold, and cutting and empty, times when the spring of new beginnings seems like a distant dream. Those rhythms in life are natural events. They weave into one another as day follows night, bringing, not messages of hope and fear, but messages of how things are.
Mark Twain	Courage is resistance to fear, mastery of fear -- not absence of fear.
Mark Twain	It is curious that physical courage should be so common in the world, and moral courage so rare.
Mark Twain	It's not the size of the dog in the fight, it's the size of the fight in the dog.
Virgil	Fortune favors the brave.
Denis Waitley	Courage means to keep working a relationship, to continue seeking solutions to difficult problems, and to stay focused during stressful periods.
Brooke Foss Westcott	Great occasions do not make hero's or cowards; they simply unveil them to the eyes of men. Silently and imperceptibly, as we wake or sleep, or grow strong or weak, and at last some crisis shows what we have become.
Emiliano Zapata	Better to die on one's feet than to live on one's knees.